

# The 2025 Editorial: Reflection Times

## Editorial de 2025: Período de Reflexão

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This will be a different editorial from all the others throughout these years.

As we reflect on the journey of Lusíadas Scientific Journal in 2024 and look ahead to 2025, it is with great pride and gratitude that we present this editorial summarizing our achievements and announcing important changes.

The year 2024 marked a significant milestone for Lusíadas Scientific Journal, as we successfully launched four new editions of our fifth volume. We are pleased to report that the trend observed in the previous year continued, with a notable increase in the number of articles spontaneously submitted. This growth is a clear indication of the journal's rising prominence and recognition within the scientific community.

Perhaps even more encouraging is the fact that submissions from external institutions surpassed those from internal sources. This shift demonstrates the expanding reach and influence of our journal beyond the confines of the Lusíadas Group, further solidifying our position as a respected platform for scientific discourse.

### 2025: A Year of Transition and Strategic Review

This March 2025 edition holds special significance as it will be the only issue published this year. The decision to pause our regular publication schedule stems from the need to thoroughly review the journal's strategy and its role within the Lusíadas Group. We must understand how we can merge and better fit this publication into our future company and group

plans. This strategic alignment is crucial to ensure that the journal continues to serve its purpose effectively while adapting to the evolving needs of our organization and the broader scientific community.

This edition includes all papers that were in the peer review process at the time of this decision, papers of excellent quality diving into several different areas such as congenital disease, infectious diseases, surgery and cardiology.

### Acknowledgments

We extend our heartfelt gratitude to all researchers who have entrusted their work to the Lusíadas Scientific Journal. Your contributions have been instrumental in shaping the scientific discourse and advancing knowledge in various fields.

Our sincere appreciation goes out to our dedicated editors and reviewers, including Helena Donato, whose expertise and commitment have been crucial in maintaining the high standards of our peer review process.

A special mention must be made of Maria João Lobão, the driving force behind this journal since its inception. Her unwavering pursuit of excellence, dedication and tireless support of the scientific community have been instrumental in establishing Lusíadas Scientific Journal as a high-quality scientific publication.

We would like to express our deepest gratitude to Doctor Eduarda Reis, whose visionary leadership has been instrumental in developing and implementing this journal. As the Chief Medical Officer of Lusíadas Saúde, Dr. Reis has consistently championed the importance of scientific research and innovation in healthcare. Her commitment to excellence and

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forward-thinking approach have been pivotal in shaping the journal's direction and impact.

Furthermore, we extend our sincere appreciation to all the doctors and researchers who clearly understand that research and innovation are fundamental to treating our clients better and driving forward in setting new standards for improved disease treatment, quality of life, and well-being. Your dedication to advancing medical knowledge and patient care is truly commendable and aligns perfectly with the mission of Lusíadas Scientific Journal.

## Looking Ahead

As we embark on this period of reflection and strategic planning, we remain committed to our mission of providing a platform for cutting-edge research and fostering scientific dialogue. We look forward to emerging from this hiatus with a renewed vision and strategy that will further enhance the journal's impact and relevance in the scientific community.

We thank our readers, contributors, and supporters for their understanding during this transition period. Your continued engagement and feedback will be invaluable as we shape the future of Lusíadas Scientific Journal.